

TRANS* FRIENDLY & AWARE MEDICAL PRACTITIONERS IN INDIANA

**Doctors who treat trans*
people with respect – a list built
by trans* and gender diverse
community members.**



Created by Skye Brown
with support from many community members

How was this document created?

This document was developed from two sources. Many doctors on this document were found by trans* identified people who have been kind enough to let others know about their positive experiences with doctors. Other doctors listed on this document come from the Gay and Lesbian Medical Association (GLMA) list of LGBTQ+ friendly medical professionals. The major difference between these two sources are that for the community-created list, the doctors are determined to be safe, friendly, and aware by trans* identified people. The GLMA derived doctors choose to put themselves on this the GLMA list. Therefore, the doctors who are listed from GLMA's list have the intent to be trans* friendly and aware, but this has not necessarily been confirmed by someone in the community who has used them.

How can I tell which doctors were recommended by trans* identified people and which are from the GLMA list?

All doctors that have been recommended by trans* identified people will have a happy person next to them like one of these:



All doctors who were found on the GLMA website will have a GLMA symbol next to them that looks like this:



How should this booklet be used and how should it not be used?

This booklet is an educational tool only. It should not be used as a legal document or legal aid. It should not be used as medical advice and should not be used to replace medical or health information given by a medical professional.

Decoding the letters after the doctor's name!

DDS – Doctor of Dental Medicine, indicates that the doctor is certified to work as a dentist.

DO – Doctor of Osteopathy, a degree similar to an MD which allows someone to become a practicing doctor.

HFA – Hospice Foundation of America, indicates the person has had training at the Hospice Foundation of America for end-of-life care and elder care.

HSPP – Health Service Provider in Psychology, all practicing psychologists are required to have completed this certification before working.

JD – Juris Doctor, the first professional degree someone can get on their way to being a lawyer or studying law.

LCSW – Licensed Clinical Social Worker, this certifies someone to work with people to better their mental health

LCAC – Licensed Clinical Addiction Counselor, this shows that someone has a background in working with people in recovery from addiction.

LFMT – Licensed Family and Marriage Therapist, this shows that someone has a background in working with people in the context of family and relationship issues.

LMHC – Licensed Mental Health Counselor, this certifies someone to work with people to better mental health

LMT – Licensed Massage Therapist, this certifies someone to perform medically effective massage as a form of therapy

PhD – Philosophy Doctor, this is a graduate degree that can be focused towards almost any field

What do the specializations some doctors have actually mean?

Endocrinology: Someone who specializes in general endocrinology has had some training in both reproductive and metabolic endocrinology.

Family Medicine: Someone who specializes in family medicine sees people from all ages, genders, and backgrounds. They usually look at how the whole body and someone's environment contribute to making them ill, instead of focusing on the one part of the body that is showing illness.

Integrative Medicine: This is another word for someone who practices "holistic" medicine, meaning they try to understand everything that is going on with your body to understand why part of your body is ill. They also take into account all the stress or issues you are dealing with in your life with friends, family, and community. Often people practicing integrative medicine will also practice some alternative or more traditional forms of medicine.

Internal Medicine: Internists are doctors with a very broad knowledge of health and medicine. This allows them to diagnose what parts of your body might be causing an illness and then they can refer you to a specialist.

Metabolic Endocrinology: Someone who specializes in metabolic endocrinology works on all the hormones that are not part of a person's reproductive anatomy. For example, many metabolic endocrinologists focus on the hormone insulin, which is important to people living with diabetes.

OBGYN: These letters stand for "obstetrics and gynecology". Someone who is an OBGYN has special training in certain pregnant and non-pregnant reproductive organs, such as the uterus, vagina, ovaries, fallopian tubes, labia, etc. This is not the same education or qualification that a reproductive endocrinologist gets.

Pediatrics: This is a specialty for someone who works with children and adolescents.

Primary Care: A primary care physician is not necessarily a specialty. Someone who is a primary care physician is usually the first doctor to see a patient when they are ill or having a problem. If someone has enough money and possibly health insurance, they often will have a consistent primary care doctor.

Reproductive Endocrinology: A reproductive endocrinologist is a doctor who specializes in hormones that originate from reproductive organs, like testosterone or estrogen. This is the kind of doctor you should look for if you are interested in starting hormone replacement therapy to transition. Once the reproductive endocrinologist runs tests and gives you your first hormone prescription(s) and monitors you for a little while, you can usually use a primary care doctor, internal medicine doctor, or family doctor to maintain your hormone dosage. You should work with your reproductive endocrinologist and primary care doctor to figure out how they would like to navigate this and whether your primary care doctor is comfortable maintaining your hormone dosage. Even if your primary care doctor agrees to monitor you on hormone replace therapy, you should still return to your reproductive endocrinologist once or twice a year to have some tests run and make sure you are healthy.

Physicians [Transition-Related Care]



Dr. Ann Arno, D.O., Glendale Family Medicine

Family Medicine

Bioidentical Hormone Replacement

2620 Kessler Blvd. E. Dr., Suite 230

Indianapolis, IN 46220

Phone: 317.644.5000

Fax: 317.644.5001

Trans* Related Services: Hormone Replacement Therapy

Other Care Services: Primary Care

Takes Insurance: Yes

Sliding Scale Policy for those without Insurance: Unknown

Other flexibility for those without Insurance: Unknown

<http://glendalefamilymedicine.org/meet-the-physicians/>



Dr. Ayla Bakar, M.D., Howard Regional Health

Endocrinologist

Howard Diabetes & Endocrinology

3509 S Reed Rd

Kokomo, IN 46902

Phone: 765-453-8550

Trans* Related Services: Hormone Replacement Therapy

Other Care Services: Primary Care, Metabolic Endocrinology

Takes Insurance: Yes

Sliding Scale Policy for those without Insurance: Yes

Other flexibility for those without Insurance: Yes

<http://www.howardregional.org/node/248>



Dr. Lauren Baker, MD

Metabolic Endocrinology
Internal Medicine
General Endocrinology
Primary: IU Methodist Plaza North
201 Pennsylvania Pkwy., Suite 310
Indianapolis, IN, 46280
Secondary: IU Health University Hospital
550 N. University Blvd., Suite 2180
Indianapolis, IN, 46202

Phone: 317.274.8554

Trans* Related Services: Hormone Replacement Therapy

Other Care Services: Internal Medicine, Metabolic Endocrinology,
Diabetes Care

Takes Insurance: Yes

Sliding Scale Policy for those without Insurance: Sometimes

Other flexibility for those without Insurance:

<http://iuhealth.org/images/uploads/FinAssistPolicy.pdf>

Webpage:

http://www.iuhealth.net/portal/IUH/findadoctor?paf_gear_id=6900001&paf_dm=full&paf_gm=content&task_name=displayBio&contactId=60420



William Buffie, MD

Indiana Internal Medicine Consultants
701 E. County Line Rd., #101
Greenwood, IN, 46143

Phone: 317-885-2860

Webpage: <http://www.iimconline.net/meet.html>



Dr. Anne Butsch, MD, JD

Evansville Intregative Medicine, LLC
Medical Arts Building
3700 Bellemeade Avenue, Suite 108
Evansville, IN

Phone: 812-485-6117

Fax: 812-485-6114

Trans* Related Services: Hormone Replacement Therapy

Other Care Services: Primary Care, Alternative/Holistic Medicine,
Acupuncture, Massage Therapy

Takes Insurance: Yes

Sliding Scale Policy for those without Insurance: No

Other flexibility for those without Insurance: Cheaper costs for
multiple family members having an appointment together.

<http://www.evmed.com/index.html>



Dr. Melissa Cavaghan, MD

IU Medicine
Metabolic Endocrinology
General Endocrinology
Primary: IU Health Physicians – Endo, Diabetes, & Metabolism
550 N. University Blvd., Suite 2180
Indianapolis, IN, 46202

Secondary: IU Health Physicians – Endo, Diabetes, & Metabolism
Pennsylvania Pkwy, Suite 310

Indianapolis, IN, 46280

Phone: 317.944.8660

Fax: 317.944.1289

Trans* Related Services: Hormone Replacement Therapy

Other Care Services: Metabolic Endocrinology

Takes Insurance: Yes

Sliding Scale Policy for those without Insurance: Sometimes

Other flexibility for those without Insurance:

<http://iuhealth.org/images/uploads/FinAssistPolicy.pdf>

Webpage:

<http://medicine.iupui.edu/ENDC/faculty/viewENDCFaculty.aspx?facID=47>

**Dr. Alison Freeland**

Indianapolis, IN

Phone: 317-443-5592**Dr. William Harter, MD**

Northwest Family Practice

1525 Spring Street

Fort Wayne, IN, 46808

Phone: 260-426-1007**Webpage:** <http://www.drwilliamharter.com>**Dr. James LeGrand, MD**

1920a Churchman Ave

Beech Grove, IN, 46107

Phone: 317-781-0273**Email:** James.LeGrand@SSFHS.org**Dr. Michael Mirochna, MD**

Porter Physician Group

Lake Porter Primary Care

336 W. U.S. Highway 30

Valparaiso, IN, 46385

Phone: 219-464-7430**Email:** LakePorterPrimaryCare@porterhealth.com**Webpage:** <http://www.porterphysiciangroup.com/northern-indiana-physicians/michael-mirochna-md/>**Services:** Primary Care**Dr. Marguerite Shepard, MD**

IU Health

OBGYN, Reproductive Endocrinologist

Coleman Center for Women

550 North University Blvd.

University Hospital

Room 2041

Indianapolis, IN 46202

Phone: 317.944.8231 for appointment**Trans* Related Services:** Hormone Replacement Therapy**Other Care Services:** OBGYN, Reproductive Endocrinology**Takes Insurance:** Yes**Sliding Scale Policy** for those without Insurance: Sometimes**Other flexibility** for those without Insurance:<http://iuhealth.org/images/uploads/FinAssistPolicy.pdf>**Webpage:**<http://www.iuwhc.com/about/s-z/marguerite-k-shepard-md/>**Dr. Julianne Stout, MD**

Purdue University Student Health Center

Internal Medicine, Pediatrics

Trans* Related Services: Hormone Replacement Therapy**Other Care Services:** Primary Care, Internal Medicine**Takes Insurance:** Purdue Student Health Insurance only**Slide Scale Policy** for those without Insurance: No**Other Flexibility** for those without Insurance: No**Additional Notes:** Accessible to Purdue Students only**Webpage:**<http://www.purdue.edu/push/aboutus/providers/index.shtml>**Dr. Shannon Trelease, MD**

Fort Wayne Medical Education Program

750 Broadway, Suite 250

Fort Wayne, IN, 46802

Phone: 260-422-6573**Email:** shannon.trelease@gmail.com**Services:** Primary Care, Family Medicine



Dr. Keith Whitesides, MD

IU Health Arnett, Family Medicine
2800 Ferry St.
Lafayette, IN, 47904
Phone: 765.448.8000

Trans* Related Services: Hormone Replacement Therapy Maintenance Only (will not write the original hormone prescription)

Other Care Services: Primary Care

Takes Insurance: Yes

Sliding Scale Policy for those without Insurance: Sometimes

Other flexibility for those without Insurance:

<http://iuhealth.org/images/uploads/FinAssistPolicy.pdf>

Webpage: Search 'Whitesides' at www.iuhealth.net.

Mental Health Care: Transition-Related Care



Dr. Buck Black, LCSW, LCAC

2201 Ferry St
Lafayette, IN, 47904

Trans* Related Services: Letters for Transition-Related Care

Other Care Services: Psychological Care

Takes Insurance: Yes

Sliding Scale Policy for those without Insurance: Yes

Other flexibility for those without Insurance: Yes

Additional notes: Dr. Black is a certified AASECT Sex Therapist and offers long-distance therapy through Skype.

Webpage: <http://buckblack.com/>



Dr. Raul Burciaga, MD

2160 N. Illinois St.
Indianapolis, IN

Services: Psychiatry



Dr. Scott Cavins, MA, LFMT, LMHC, LCAC

1660 Kessler Blvd., E. Dr.
Indianapolis, IN, 46220

Phone: 317-840-6096

Services: Psychological Care, Family and Marriage Therapy

Sliding Scale Policy for those without Insurance: Yes



Dr. Ari Gleckman, Ph.D.

Meridian Health Group
12772 Hamilton Crossing Blvd.
Carmel, IN, 46032

Phone: 317-814-1000

Services: Psychological Care



Dr. Michele O'Mara, Ph.D., LCSW

2680 E Main Street, Suite 121

Plainfield, IN, 46168

Phone: 765-807-6778

Trans* Related Services: Letters for Transition-Related Care

Other Care Services: Psychological Care

Takes Insurance: Yes

Sliding Scale Policy for those without Insurance: No

Other flexibility for those without Insurance: Unknown

Additional notes: Offers long-distance therapy through Skype and runs a great online trans* network and support website.

Webpage: <http://www.thelesbiantherapist.com/>



Dr. Rebecca Wong, Ph.D., HSPP

Purdue University Counseling and Psychological Services (CAPS)

Trans* Related Services: Letters for Transition-Related Care

Other Care Services: Psychological Care

Takes Insurance: Purdue Student Health Insurance only

Slide Scale Policy for those without Insurance: No

Other Flexibility for those without Insurance: No

Additional Notes: Accessible to Purdue Students only

Webpage: <http://www.purdue.edu/caps/aboutus/staffpage.shtml>



Dr. Momi Yamanaka, Ph.D., HSPP

The Hope Source, Inc.

7739 E. 88th St.

Indianapolis, IN 46256

Phone: 317-578-0410

Email: momi@asdhopesource.com

Website: <http://asdhopesource.com/>

Services: Psychological Care

Physicians Who Are Trans* Friendly & Aware but Provide Transition-Unrelated Care



Dr. John Bauman, MD

Unity Medical Pavillion

Lafayette Orthopedic Center

1411 South Creasy Ln, Suite 120

Lafayette, IN, 47905

Phone: 765.447.4165

Webpage: <http://www.unityhc.com/physicians/john-bauman-47>

Services: Orthopedic Surgery



Dr. Matthew Evans

Evans, Piggott, and Finney Eye Care

3 Locations in the greater Lafayette area

Webpage: <http://evansandpiggotteyecare.com/>

Services: Non-surgical eye care



Kris Graphman, HFA

Five Star Quality Care Senior Living Center

414 Creek Forest Ln.

Indianapolis, IN, 46227

Phone: 317-466-2020

Services: Senior Care



Dr. Brynte Laurent, DO

2310C Rippling Way

Indianapolis, IN

Email: hemobl@oaktree.net

Services: Anesthesiology

**Dr. Erin Newton, MD**

IU Simon Cancer Center – Carmel
200 W. 103rd St.
Carmel, IN, 46290

Phone: 317-944-0920

Webpage:

http://www.cancer.iu.edu/research/members/member_bio.php?id=5636

Services: Cancer Treatment

**Dr. Jill Reitmeyer, DDS**

Dental Care Center of Monroe County
1602 W. Third St
Bloomington, IN, 47404

Phone: 812-339-7700

Services: Denistry

**Matt Winings, LMT**

1060 N. Capitol Ave E295
Indianapolis, IN, 46204

Phone: 317-721-9606

Email: mattwinings@massagetherapy.com

Webpage: <http://www.indymassages.com/>

Services: Massage Therapy

What is Trans* Lafayette?

Trans* Lafayette is a discussion and social group for all trans* and gender diverse people, those living with disorders of sexual development (DSD), those who identify as intersex, and their allies. Trans* Lafayette is hosted by Pride Lafayette in Lafayette, IN, but serves gender diverse people and their SOFFAs (significant others, friends, family, and allies) statewide.

Who is welcome at Trans* Lafayette events?

Trans* Lafayette welcomes everyone from LGBTQ+ communities, the same gender loving (SGL) communities, queer allies, straight, heterosexual, and cisgender allies, domestic and international gender diverse individuals, and anyone else who is interested in discussing and exploring sex, gender identity and expression, sexual orientation and affectional orientation. Trans* Lafayette is a safe and welcoming environment for anyone regardless of sex, gender identity, gender expression, sexual/affectional orientation, ability level, race, ethnicity, color, national origin, legal status (including undocumented status), age, religious or spiritual beliefs, marital or relationship status or structure, familial or parental status, pregnancy, veteran status, socioeconomic status, or genetic or other biological status. At Trans* Lafayette we celebrate diversity!

How can get more information about Trans* Lafayette?

Visit our webpage: www.pridelafayette.org/translafayette

Visit our facebook: www.facebook.com/translafayette

Email: skye@pridelafayette.org

How can I contribute to Trans* Lafayette?

If you are interested in volunteering or donating money, resources, or services to Trans* Lafayette contact Skye Brown at skye@pridelafayette.org.